

Elementary Carb Menu

**** Edamame and Fresh Baby Green Salad with Ranch or Italian Dressing offered Daily**

Mar-18

Monday		Tuesday		Wednesday		Thursday		Friday		
						1		2		
							Jenni Lyn Sub	30	eggo maple waffles	35
							baked beans	29	turkey sausage	1
							applesauce	14	seasoned potatoe cubes	18
							green salad, edamame, or carrots	1,10,8	ketchup	2
							italian dressing	3	asst juice	15-17
							Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13
							Chocolate Milk	23	Chocolate Milk	23
5	CHO	6	CHO	7	CHO	8	CHO	9	CHO	
chicken nuggets	13	Bosco stuffed crust pizza: chs, pep, veg	34-35	popcorn chicken	20	eggo maple pancakes	35	bosco sticks	32	
rice krispy treat	30	Cheese, Pepperoni or Veggie	1,2	Despicable me grahams	21	turkey sausage	1	marinara sauce	7	
baked beans	29	Dominos cheese & pep pizza	29	cheezy green beans, green beans	7,9, 6	seasoned potatoe cubes	18	baby carrots	8	
applesauce	14	green salad, edamame, or carrots	1,10,8	banana	27	ketchup	2	applesauce	14	
ranch, bbq & ketchup	9,8,2	veggie cup		ketchup, bbq, ranch	2,8,9	asst juice	15-17	green salad, edamame, or carrots	1,10,8	
100% Fruit Juice	15	apple slices	7	green salad, edamame, or carrots	1,10,8	Assorted 1% or FF Milks	13	100% Fruit Juice	15	
green salad, edamame, or carrots	1,10,8	Ranch Dressing Cup	9	applesauce	14	Chocolate Milk	23			
Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13			Assorted 1% or FF Milks	13	
Chocolate Milk	23	Chocolate Milk	23	Chocolate Milk	23			Chocolate Milk	23	
12	CHO	13	CHO	14	CHO	15	CHO	16		
rotini w/ meat sauce	24	Big daddy's pizza	34-36	Popcorn chicken	20	Walking taco-Beef taco meat	5	Eggo choc chip french toast	35	
garlic knot	23	Dominos cheese & pep pizza	29	shamrock pretzel	30	nacho chips	28	turkey sausage	1	
carrots & celery	8	antipasto salad	4	spring blend veggies	3.98	shredded cheese & lettuce	0,2	seasoned potatoe cubes	18	
applesauce	14	green salad, edamame, or carrots	1,10,8	Ranch Dressing & BBQ Cup, italian dressing	9, 8,3	refried beans	14.8	strawberry yogurt	15	
Ranch or Italian Dressing	9,3	Ranch or Italian Dressing	4,1	green salad, edamame, or carrots	1,10,8	green salad, edamame, or carrots	1,10,8	asst juice	15-17	
green salad, edamame, or carrots	1,10,8	apple & grape giggles	10	lime sorbet	19	salsa	3	ketchup	2	
Assorted 1% or FF Milks	13	applesauce	14			applesauce	14			
Chocolate Milk	23	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	
		Chocolate Milk	23	Chocolate Milk	23	Chocolate Milk	23	Chocolate Milk	23	
19	CHO	20	CHO	21	CHO	22	CHO	23	CHO	
chicken tenders	16	personal pizza	35	Popcorn Chicken, 10 pc	20	cheeseburger	23	grilled cheese	31	
soft pretzel rod	14	Cheese, Pepperoni or Veggie	1,2	fried rice	54.99	emoji fries	20	tater tots	14	
baby carrots	8	Dominos cheese & pep pizza	29	fortune cookie	4	amazin' raisins	25	pickle	0	
applesauce	14	green salad, edamame, or carrots	1,10,8	orange pineapple sorbet	20	green salad, edamame, or carrots	1,10,8	applesauce	14	
ranch, bbq & ketchup	2,8,2	house salad	4	green salad, edamame, or carrots	1,10,8	ketchup & mustard	2, 0	green salad, edamame, or carrots	1,10,8	
100% Fruit Juice	15	apple slices	7	applesauce	14	Assorted 1% or FF Milks	13	100% Fruit Juice	15	
green salad, edamame, or carrots	1,10,8	Ranch Dressing Cup	9	sweet & sour pc	11	Chocolate Milk	23	ketchup	2	
Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13			Assorted 1% or FF Milks	13	
Chocolate Milk	23	Chocolate Milk	23	Chocolate Milk	23			Chocolate Milk	23	
26	CHO	27	CHO	28	CHO	29	CHO			
mac & cheese 4oz	24	Bosco stuffed crust pizza: chs, pep, veg	34-35	Popcorn Chicken, 10 pc	20	Beef hot dog	12			
breaded chicken drumstick	5	Cheese, Pepperoni or Veggie	1,2	cheez-its	14	celery	1			
		Dominos cheese & pep pizza	29	sonoma blend veggies	4	baked beans	29			
baby carrots	8	green salad, edamame, or carrots	1,10,8	applesauce	14	diced pears	16			
100% Fruit Juice	15	hardy house salad	4	ketchup, bbq & ranch	2,8,9	mustard & ketchup	0,2			
green salad, edamame, or carrots	1,10,8	apple & grape giggles	10	green salad, edamame, or carrots	1,10,8	green salad, edamame, or carrots	1,10,8			
Assorted 1% or FF Milks	13	Ranch or Italian Dressing	9,3	Ranch or Italian Dressing	9,3	Ranch or Italian Dressing	9,3			
Chocolate Milk	23	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13	Assorted 1% or FF Milks	13			
		Chocolate Milk	23	Chocolate Milk	23	Chocolate Milk	23			

DISCLAIMER: The following carbohydrate list for the 2017-18 school year is based entirely on information provided by the manufacturers or distributors.